

# SPORTS SNACK PAK 2GO<sup>®</sup>

1. Annie Chun's Organic Seaweed Snacks
2. Bare<sup>®</sup> Baked Crunch Carrot Chips, Beets...etc
3. Babybel Mini rolls
4. Banana<sup>®</sup> Organic Chewy Banana Bites
5. Bone Broth Protein Bars
6. Crunchy Rice Rollers
7. David Pumpkin Seeds
8. Evolution Organic Green Juices
9. Fruit Chips
10. Goji Berries
11. Good Health Pretzels
12. Harvest Snaps
13. HIPPEAS<sup>®</sup> Nacho Vibes or any flavor
14. Kodiak products...oatmeal, muffins, pancakes, waffles
15. Mamma Chia Drinks and packets
16. Organic Slammers
17. Rise Bars
18. Stretch Island Fruit Leathers
19. Suja Über Greens<sup>™</sup>
20. Summersaults Seed-Fruit Crunches
21. Sun Maid Sour Raisins
22. Think Kids
23. Turkey Jerky
24. Naked<sup>®</sup>, Odawalla and Bolthouse Smoothies
25. Nourish Joy-Full Snacks Granola Bites
26. Pure Organic Layered Fruit Bars
27. Quest Chips

**Remember:** Never try anything new on a day of competition. Best to try on a practice day.

Everyone is different. What works for you may not work for someone else!

Everyone has different beliefs on what they think is good for them so make your own choices off this list.

To maximize results it is best to work with a Sports Dietitian (CSSD) to customize what is ideal for you.